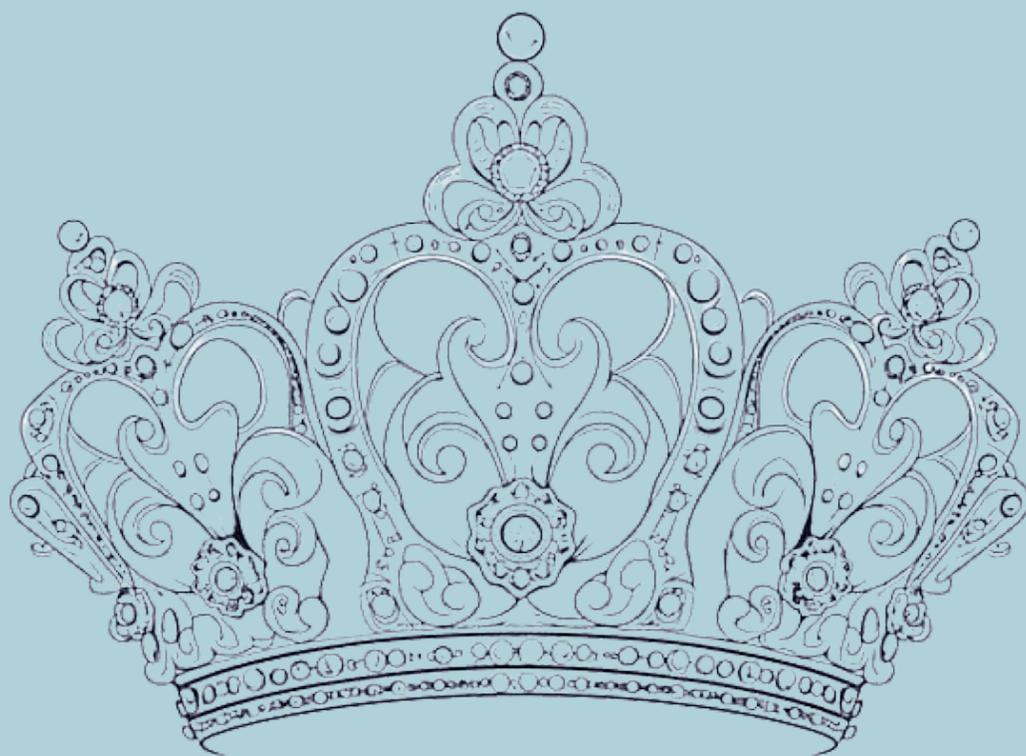


# Respite

## 21-day devotional



*Coloring Prayer Journal*

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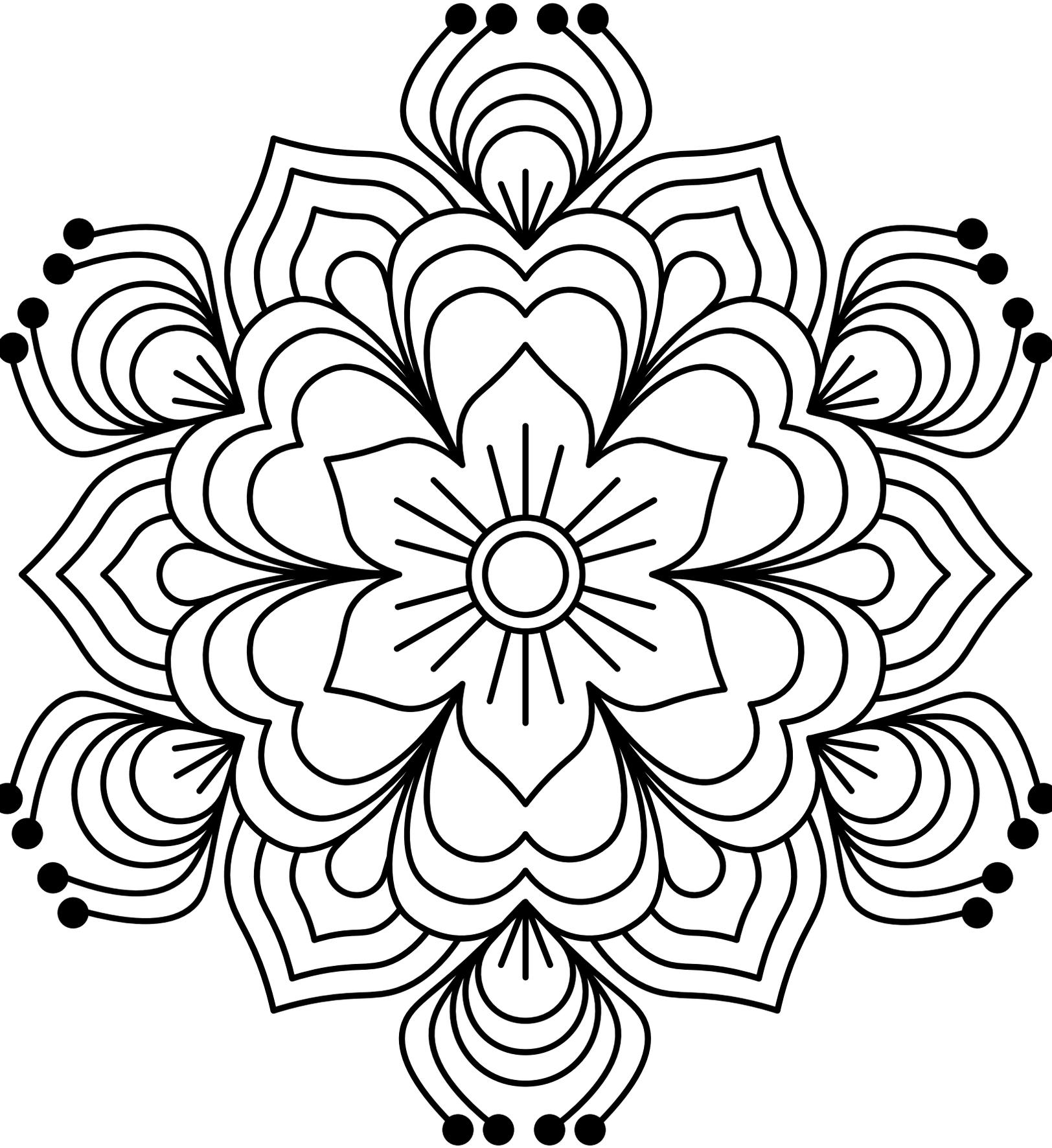
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[findingbeautiful.org](http://findingbeautiful.org)

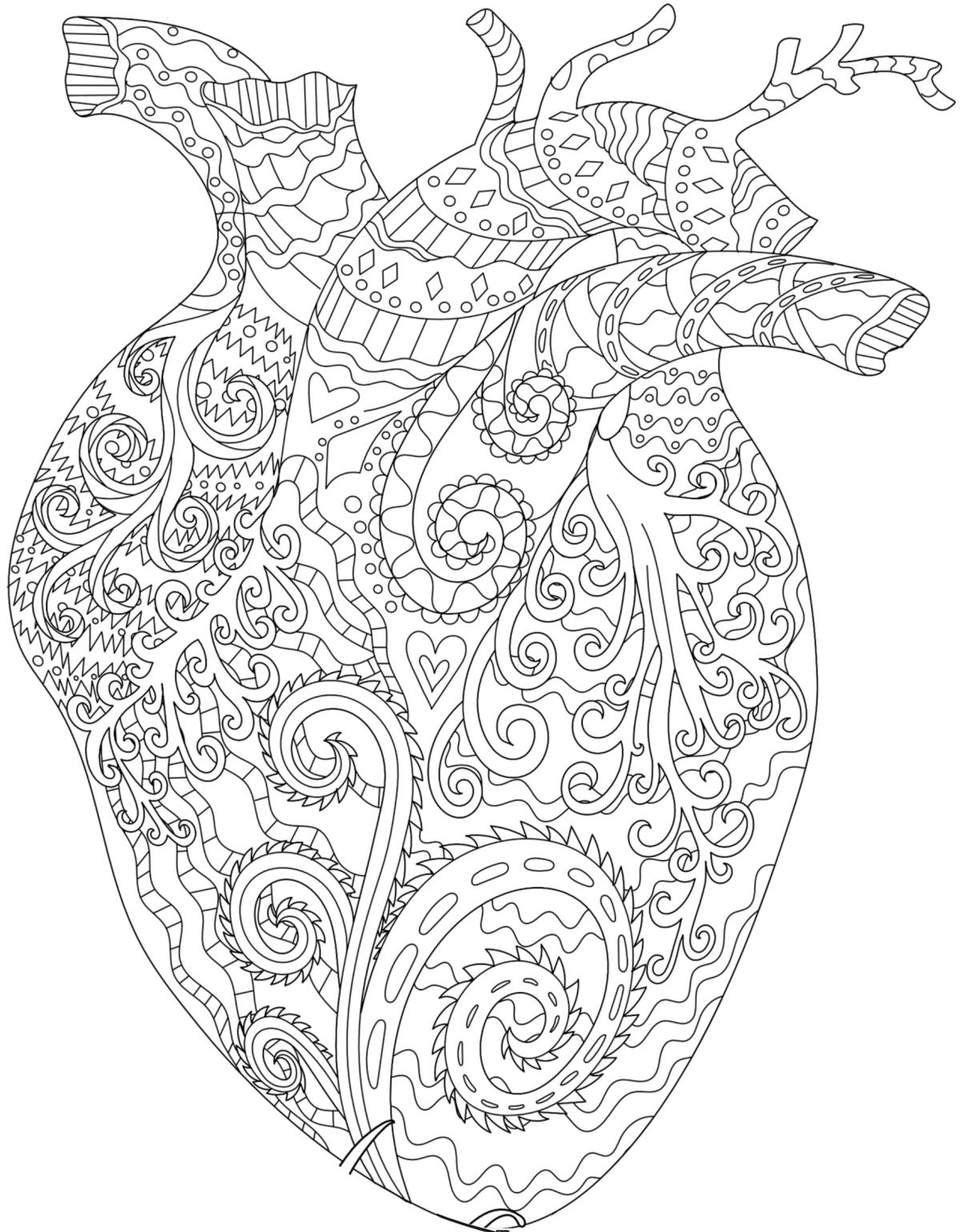
Find your respite.  
A time to be.

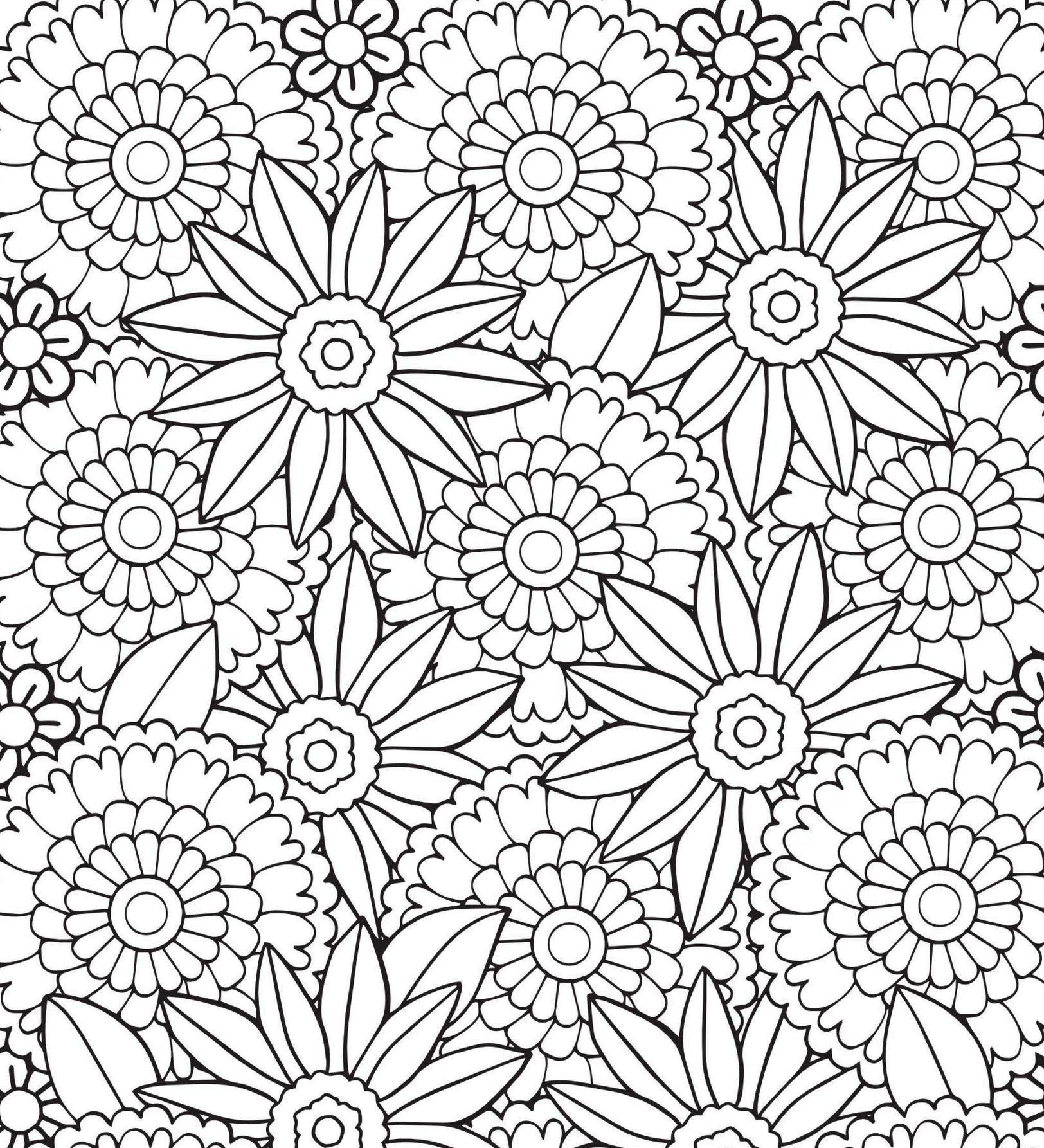
*There's nothing better than being wise, knowing how to interpret the meaning of life.  
Wisdom puts light in the eyes, and gives gentleness to words and manners.*  
Ecclesiastes 8:1 (MSG)

# releasing idols

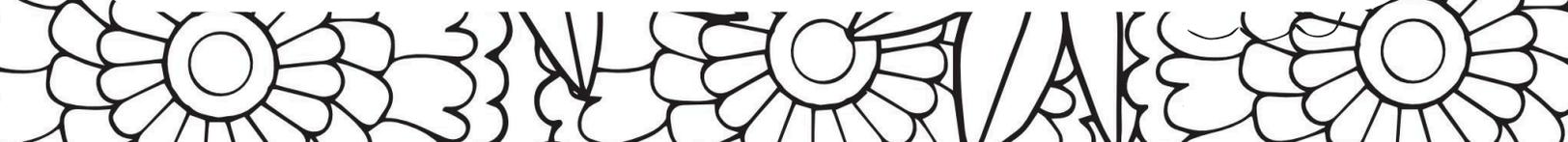


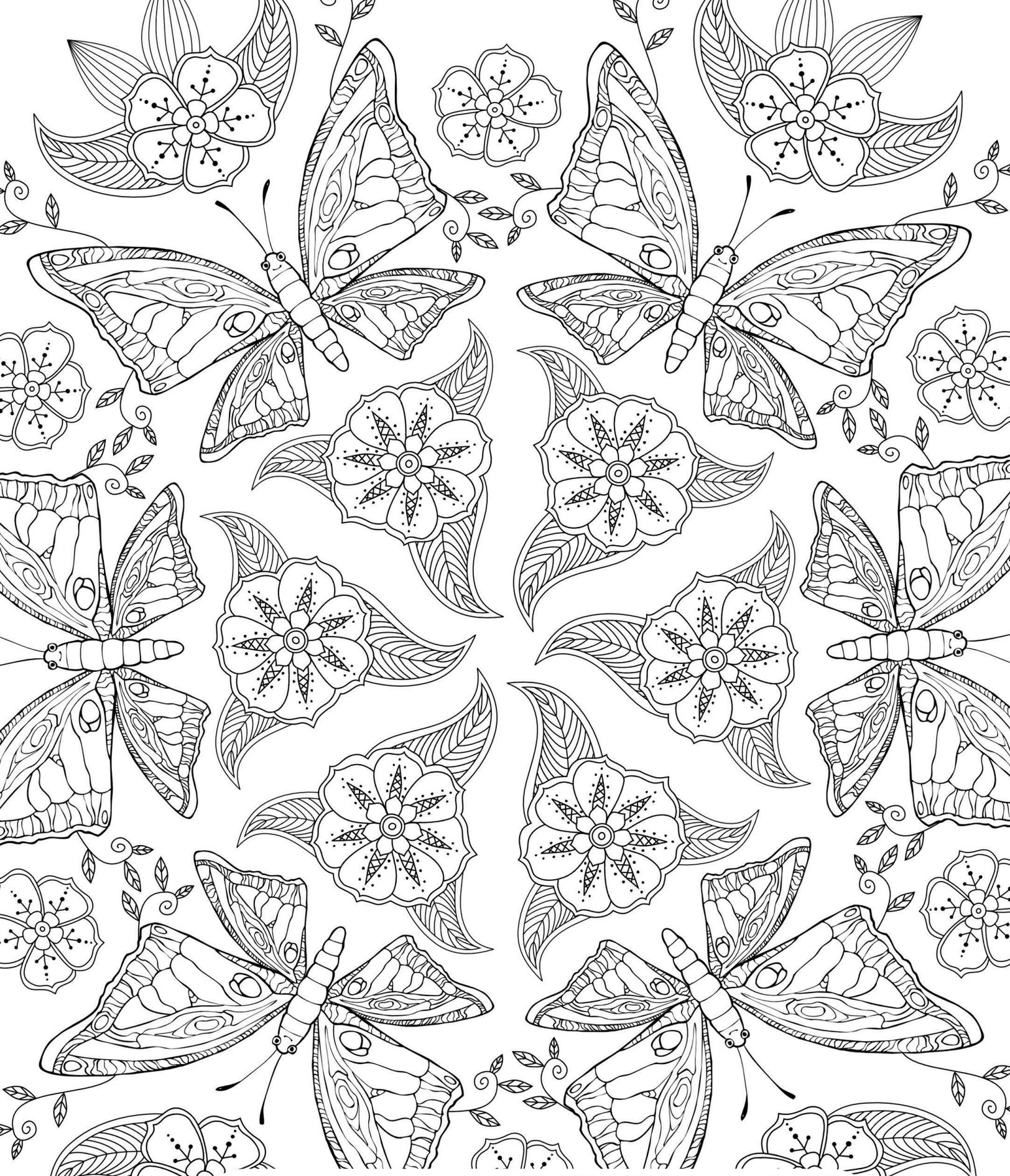
# idol evaluation — my discovery



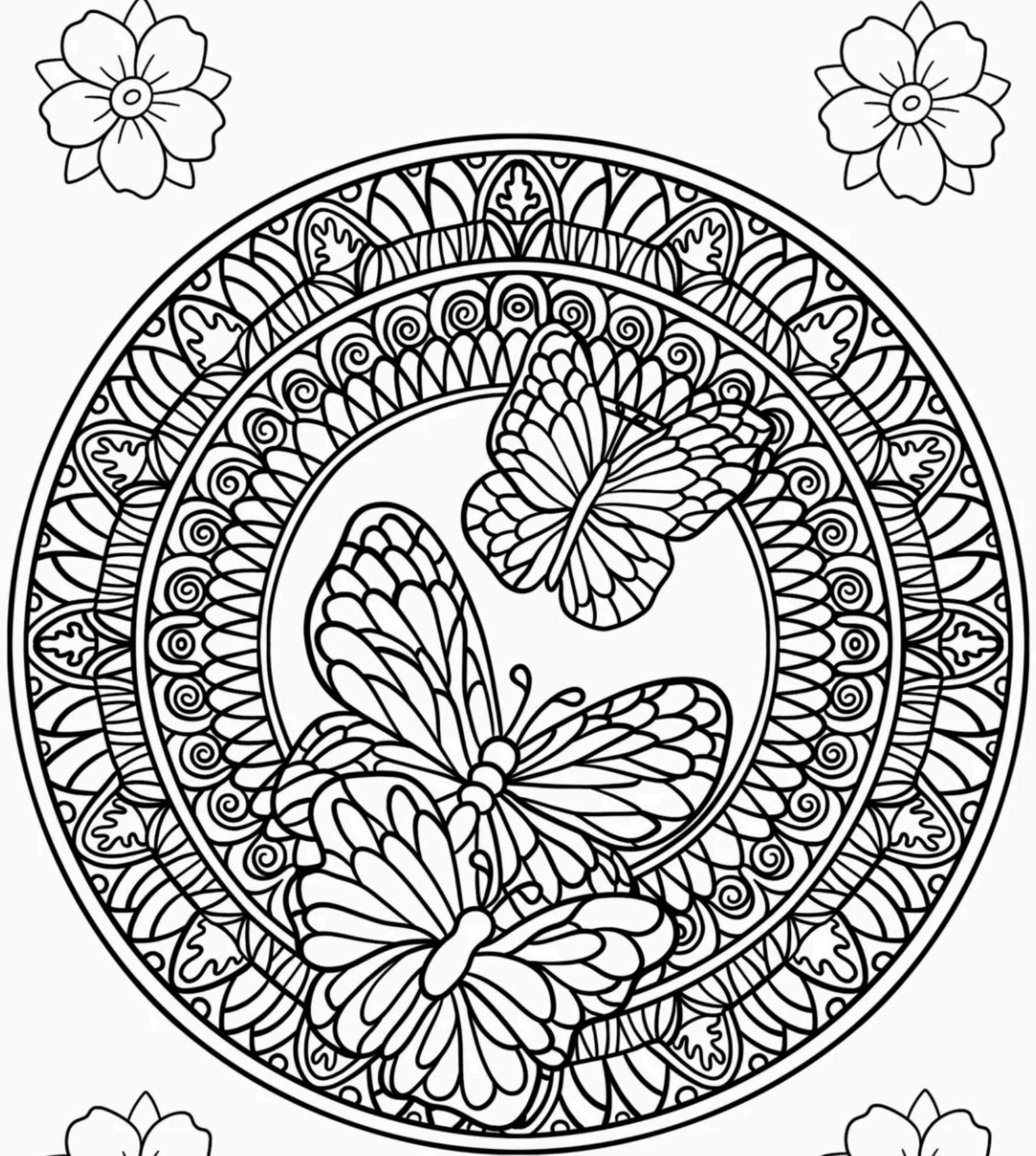


idol removal:thoughts





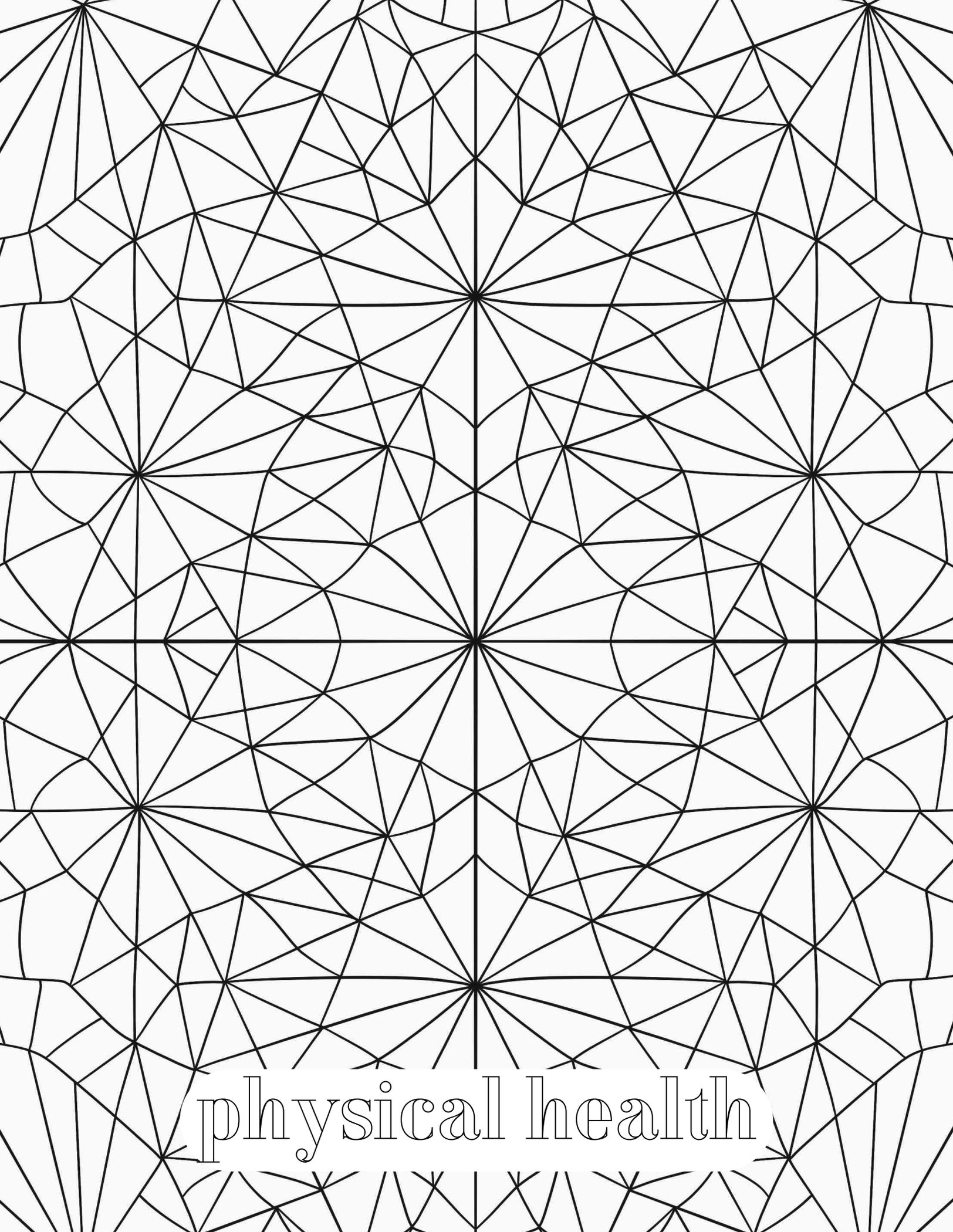
emotional health



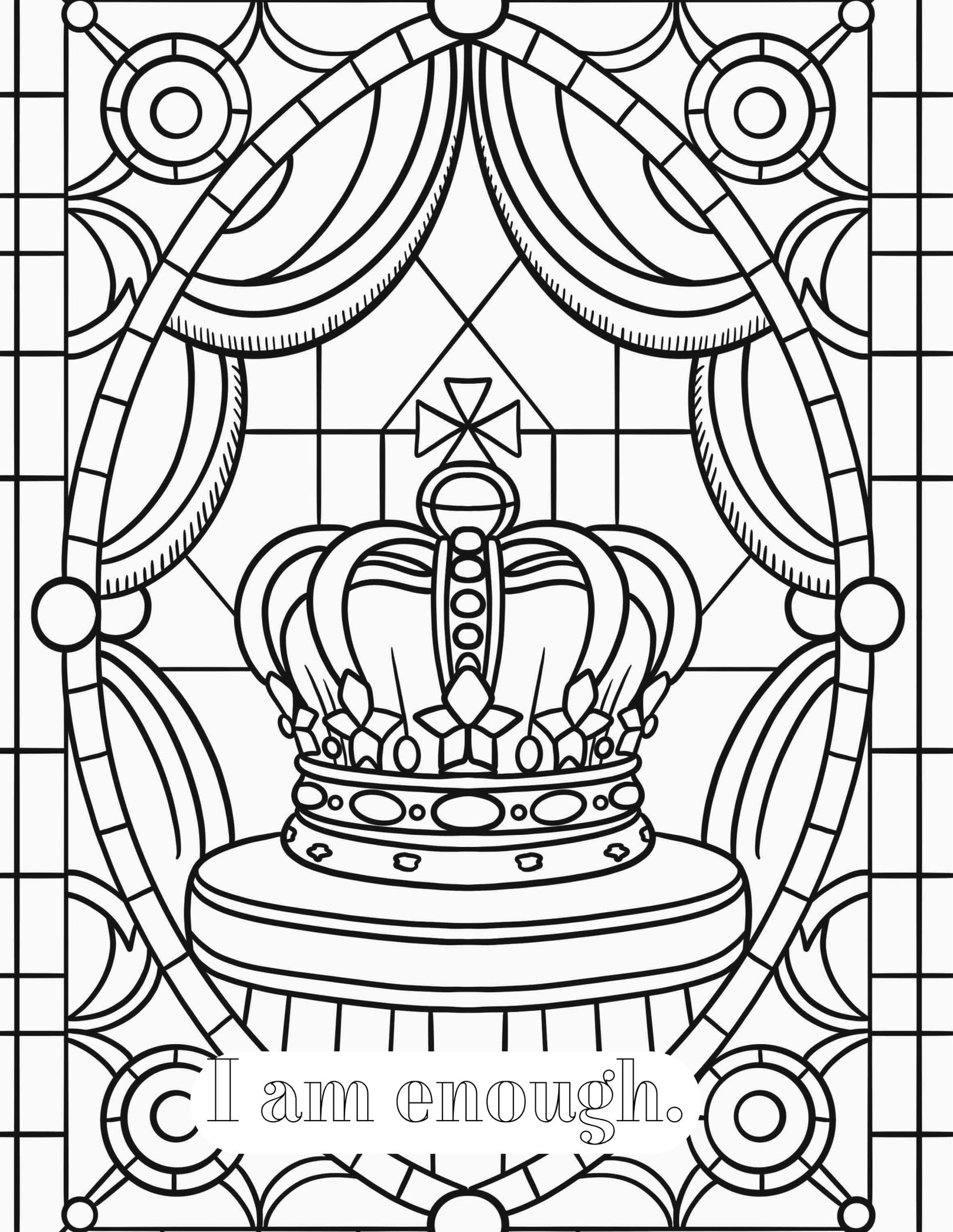
mental health



spiritual health

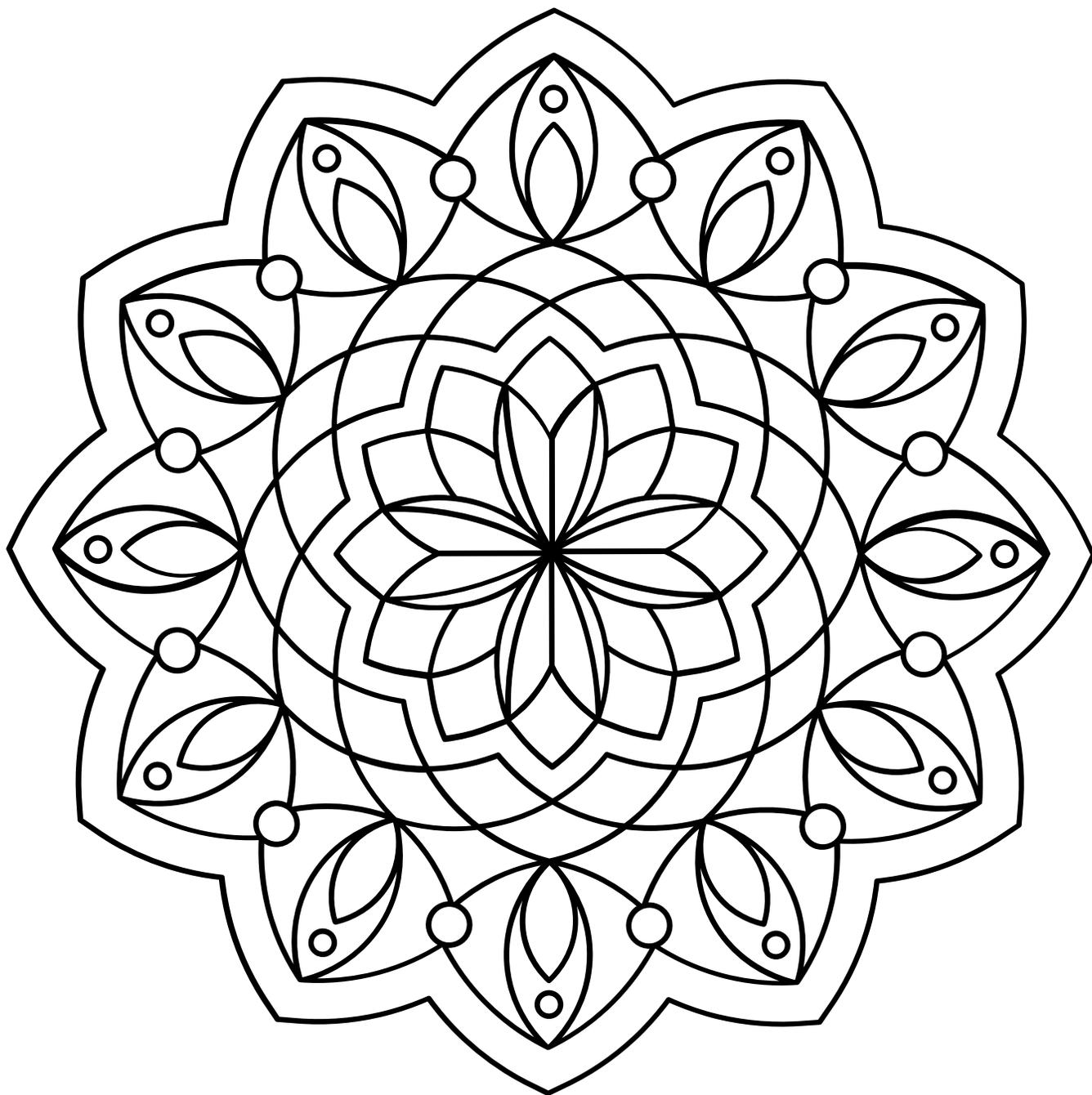


physical health

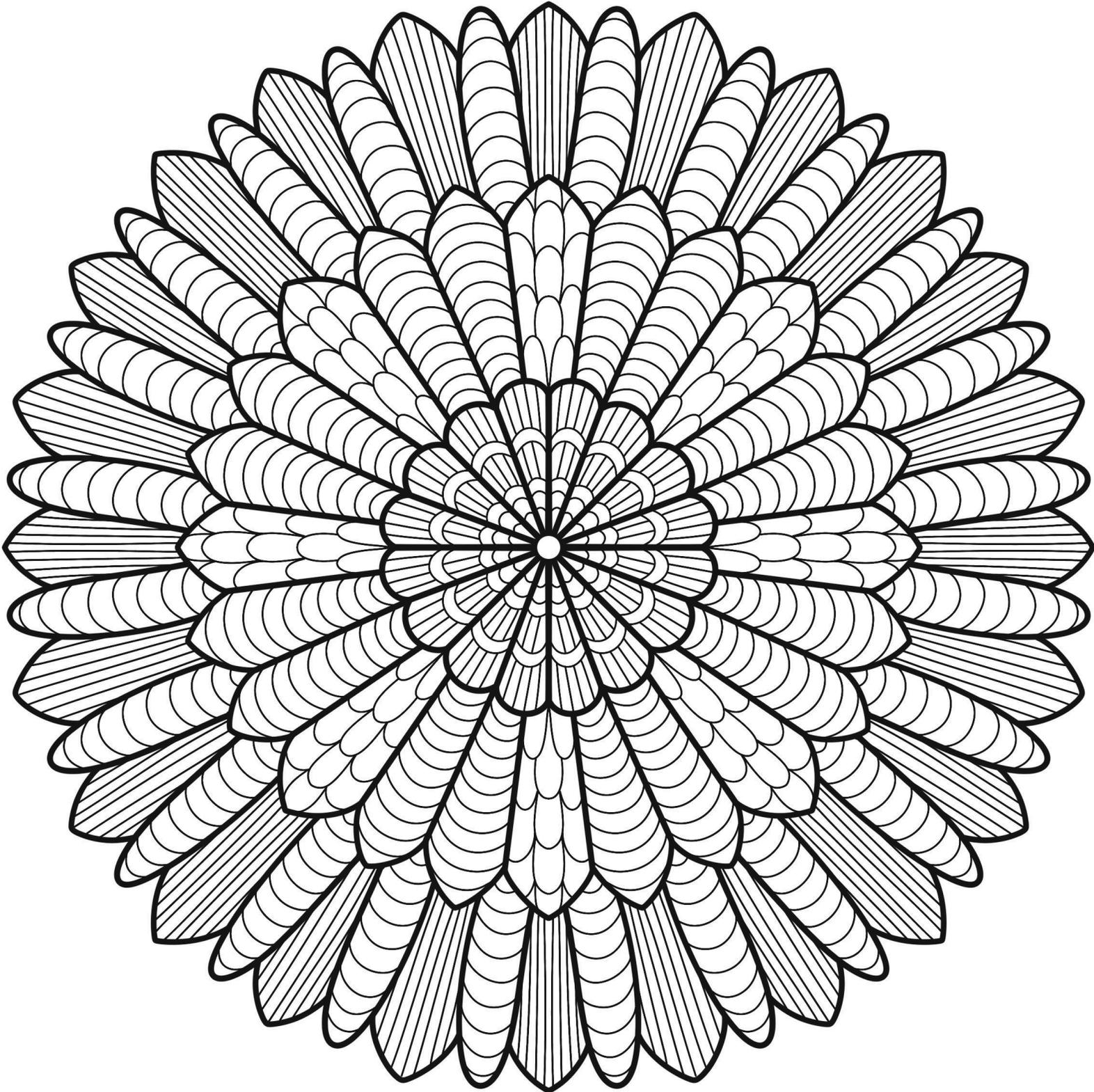


I am enough.

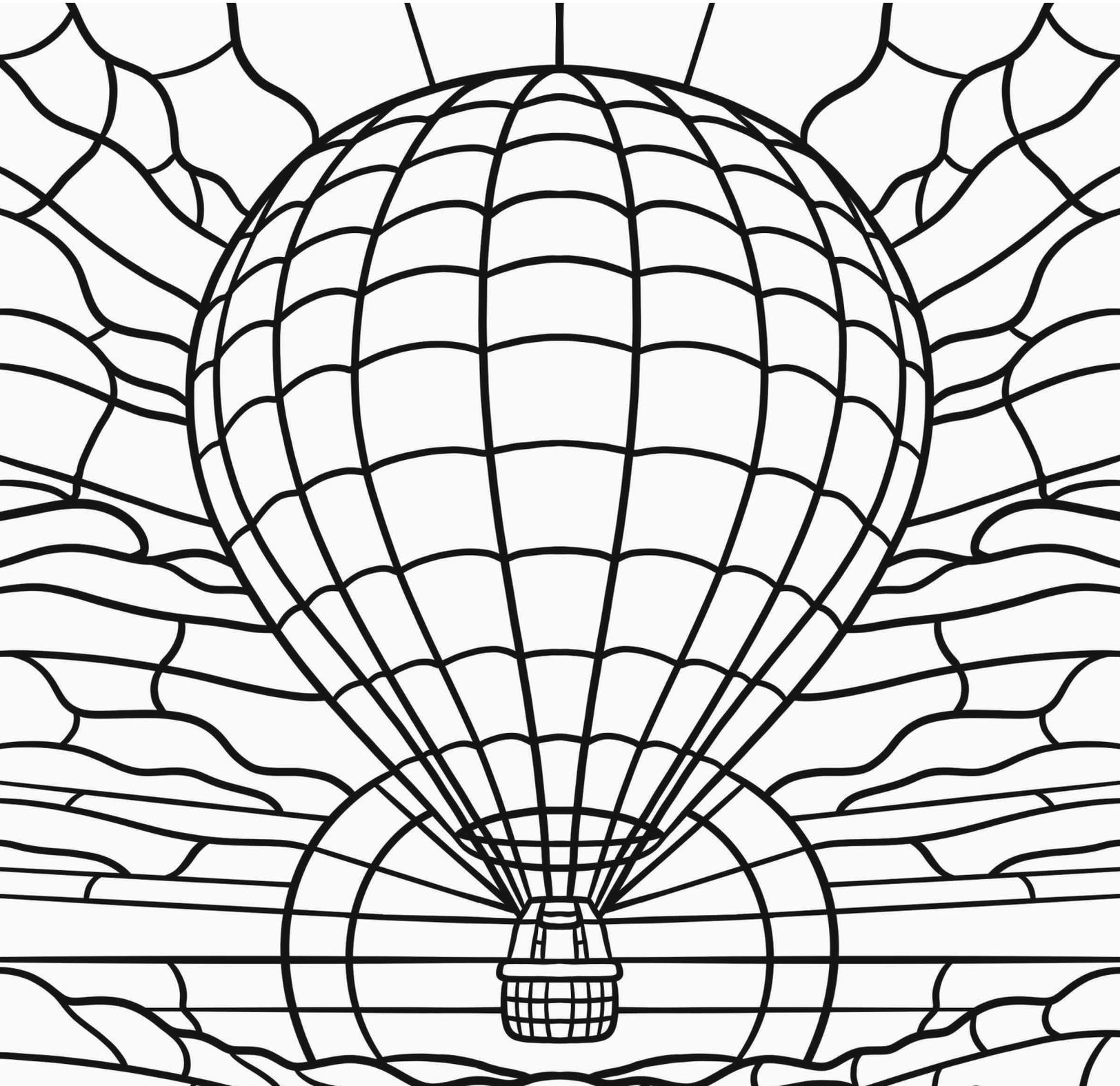
No More Fear

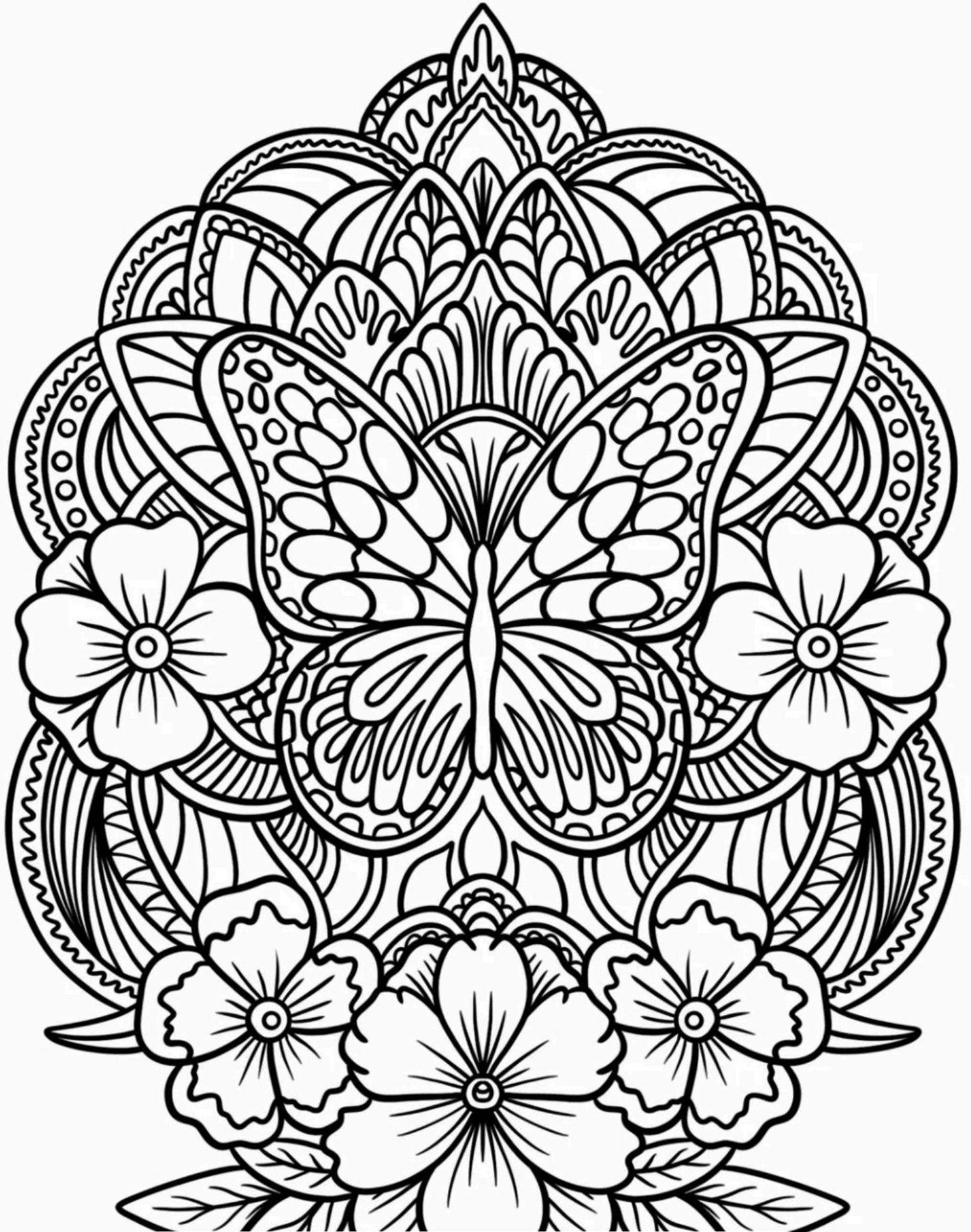


fear identification –  
my discovery



fear release:thoughts

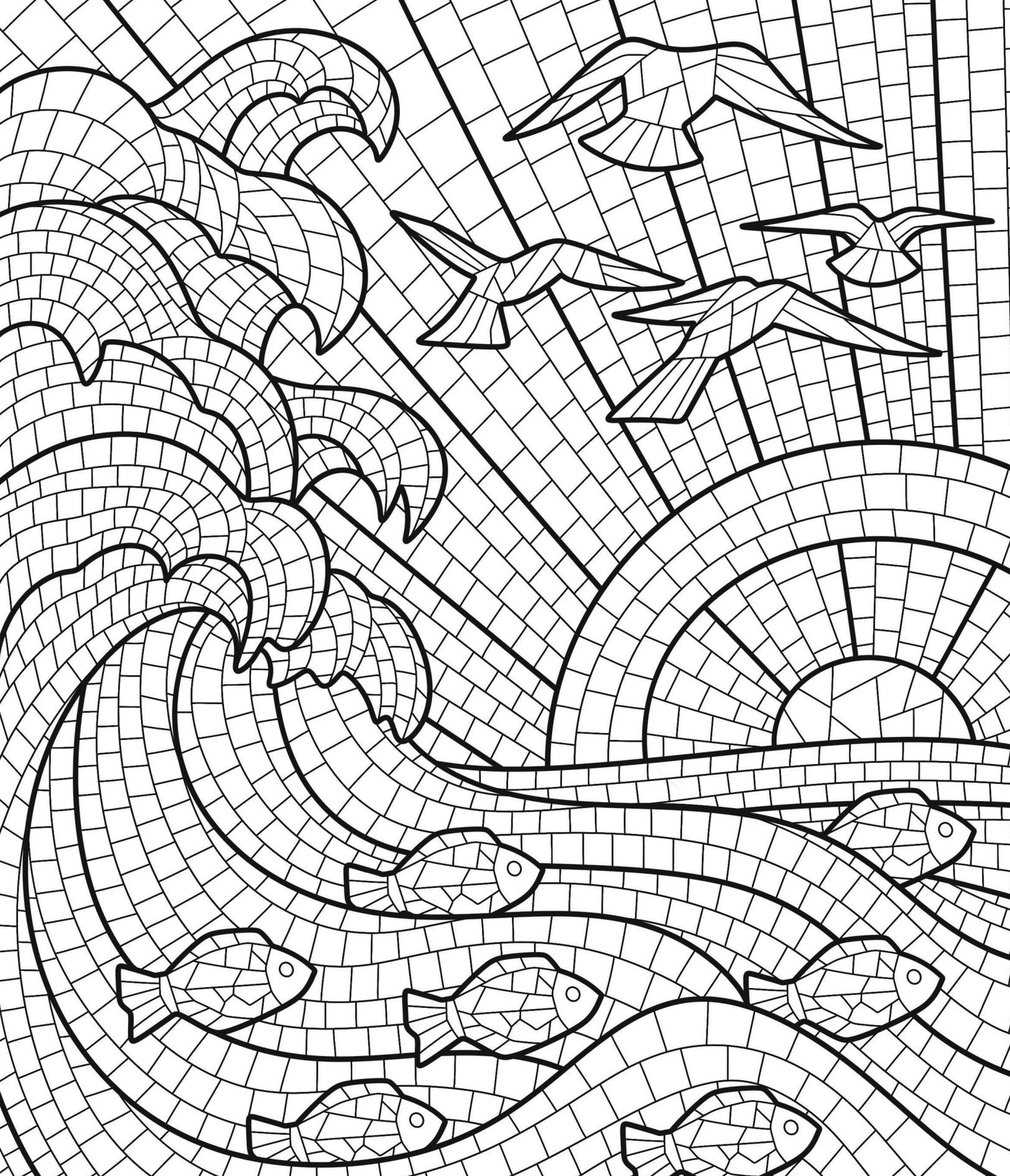




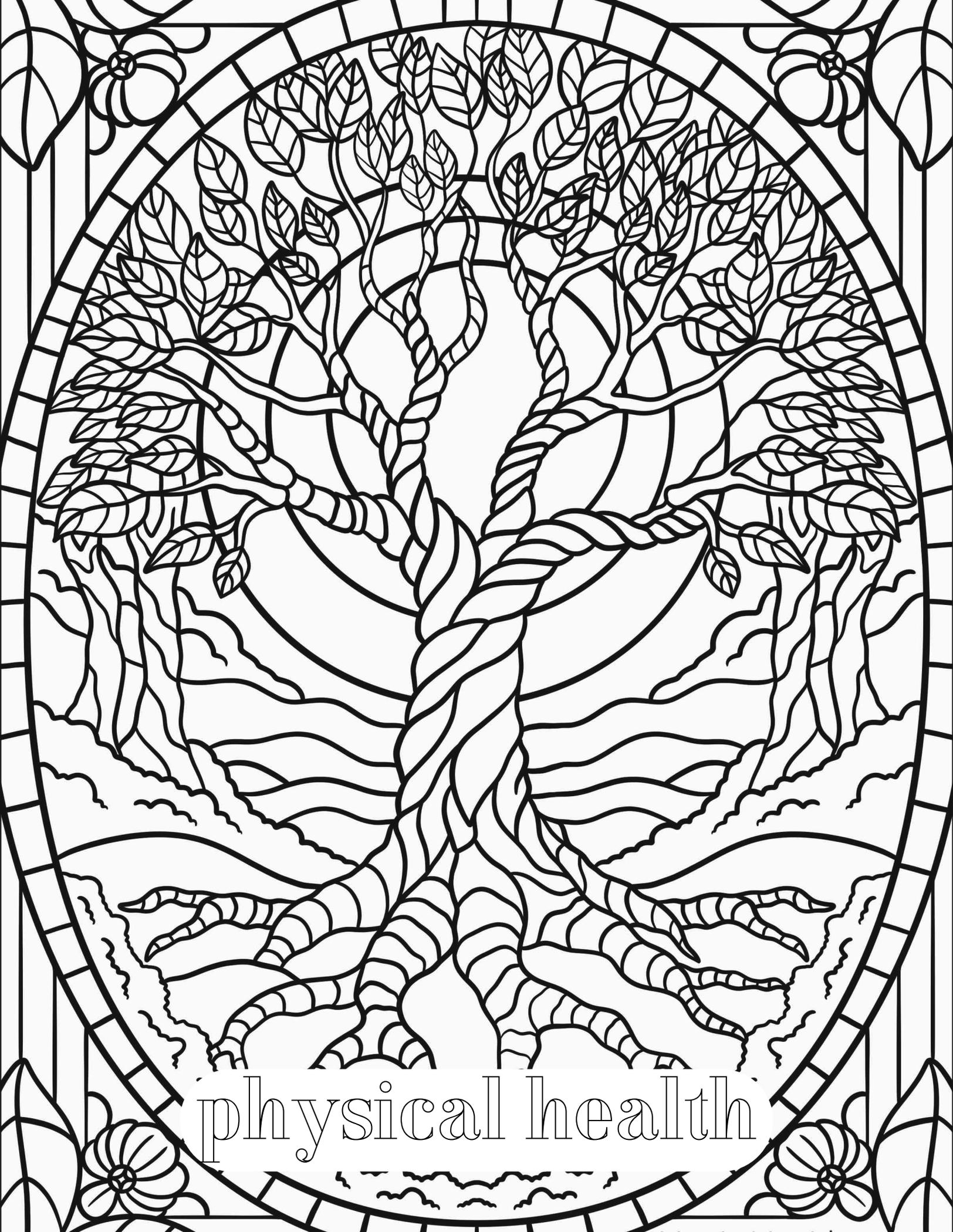
emotional health



mental health



spiritual health



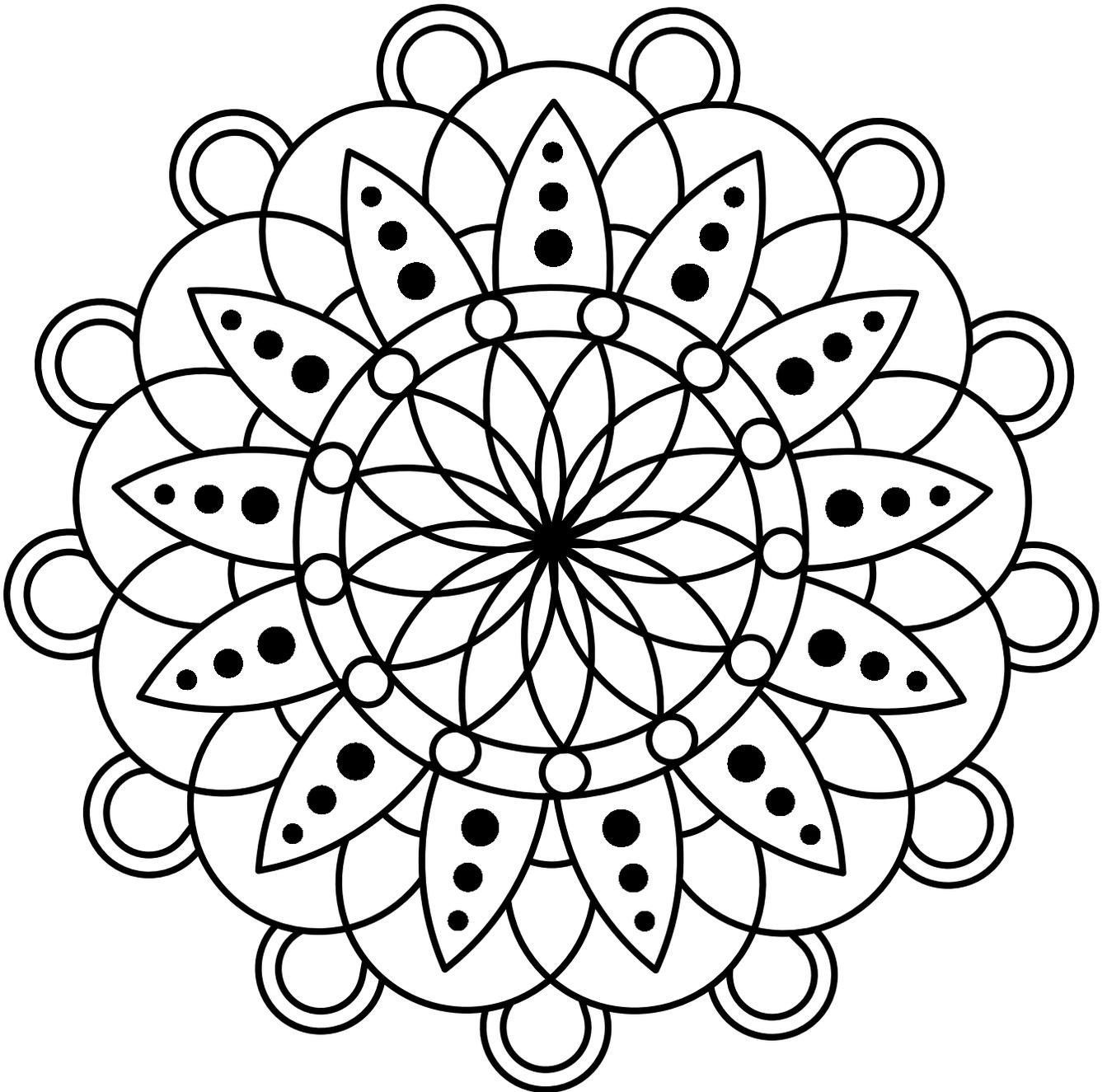
physical health



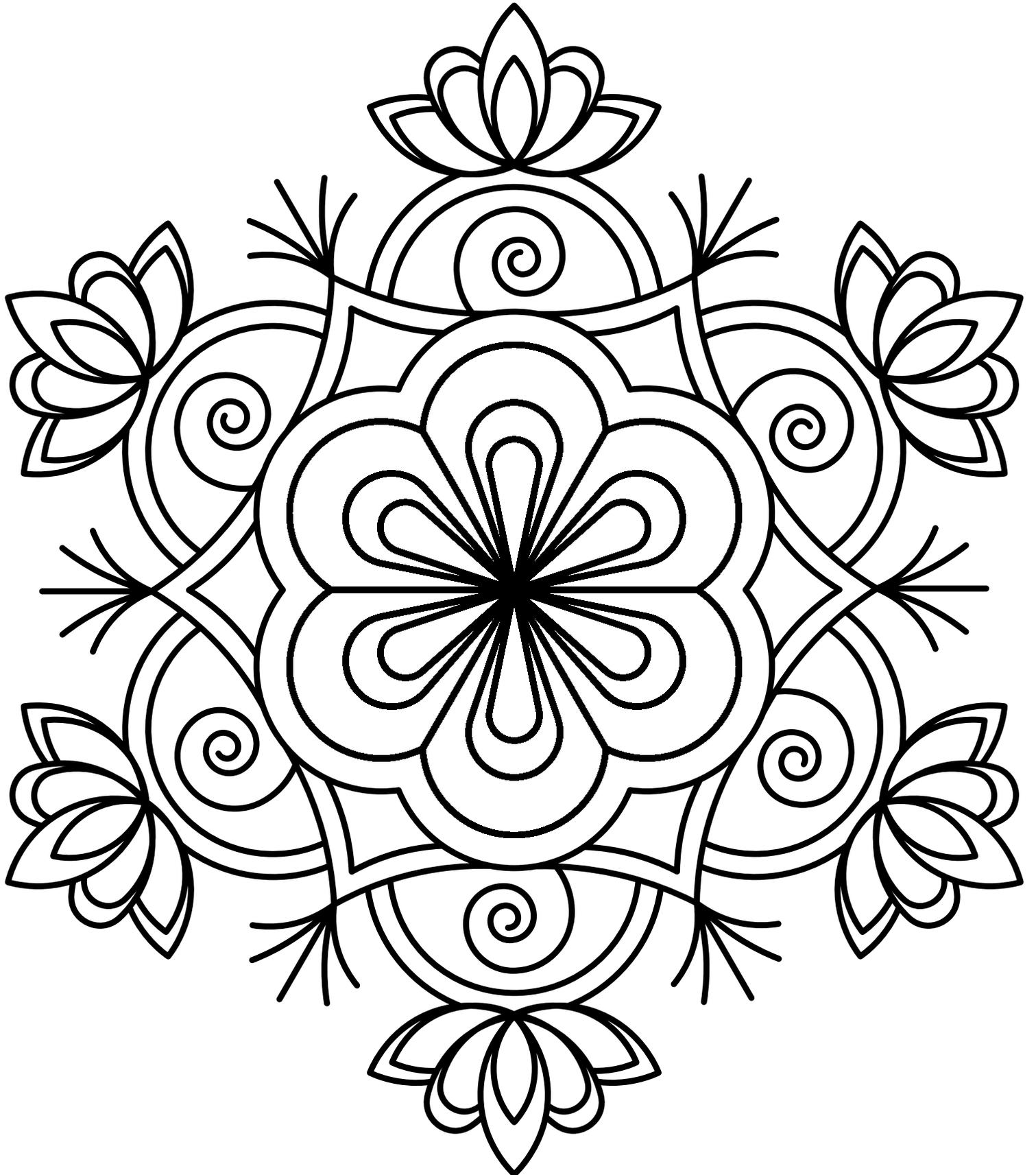
I am loved.

Embracing

Stillness

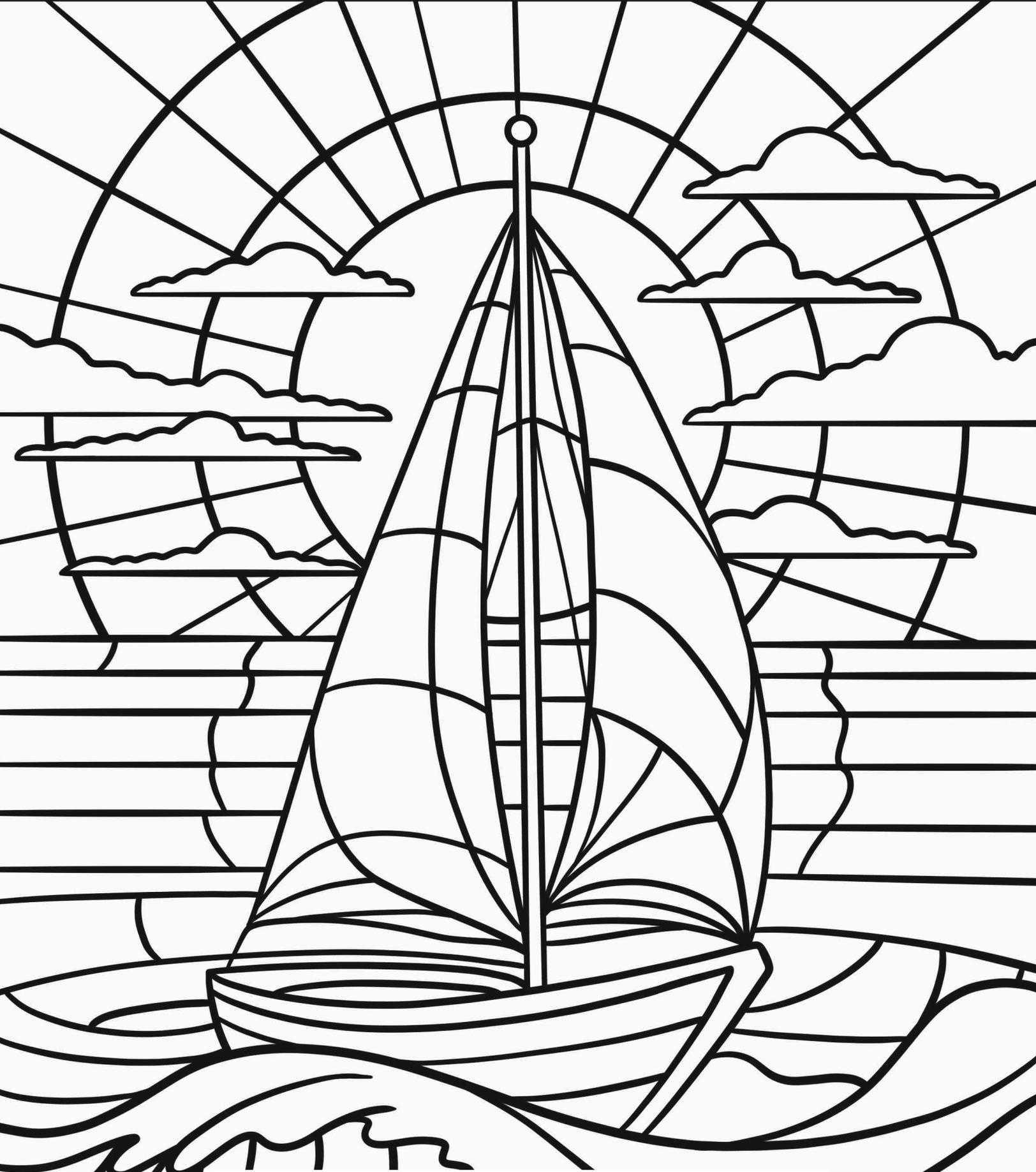


stillness clarification –  
my discovery



stillness embrace:thoughts



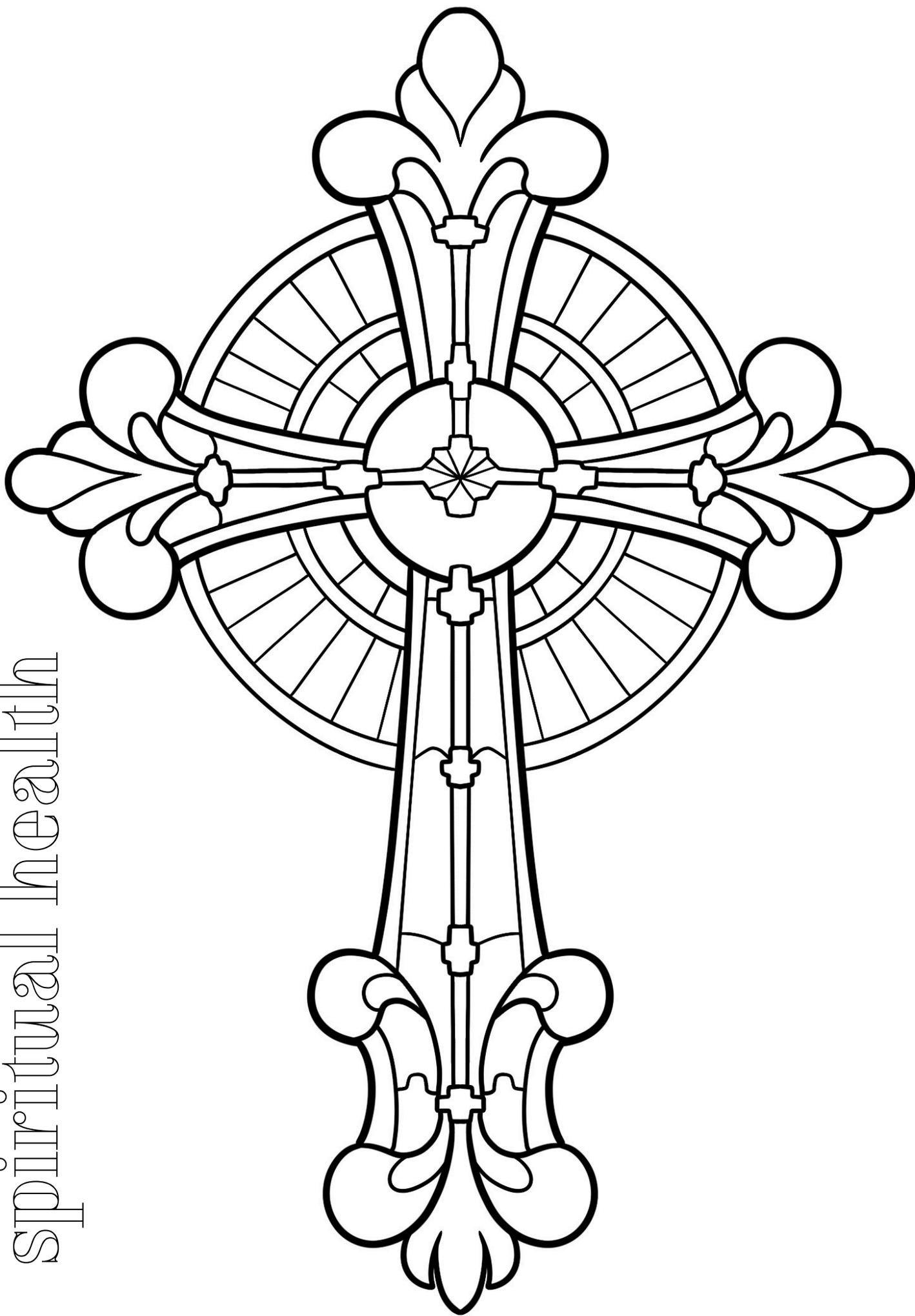


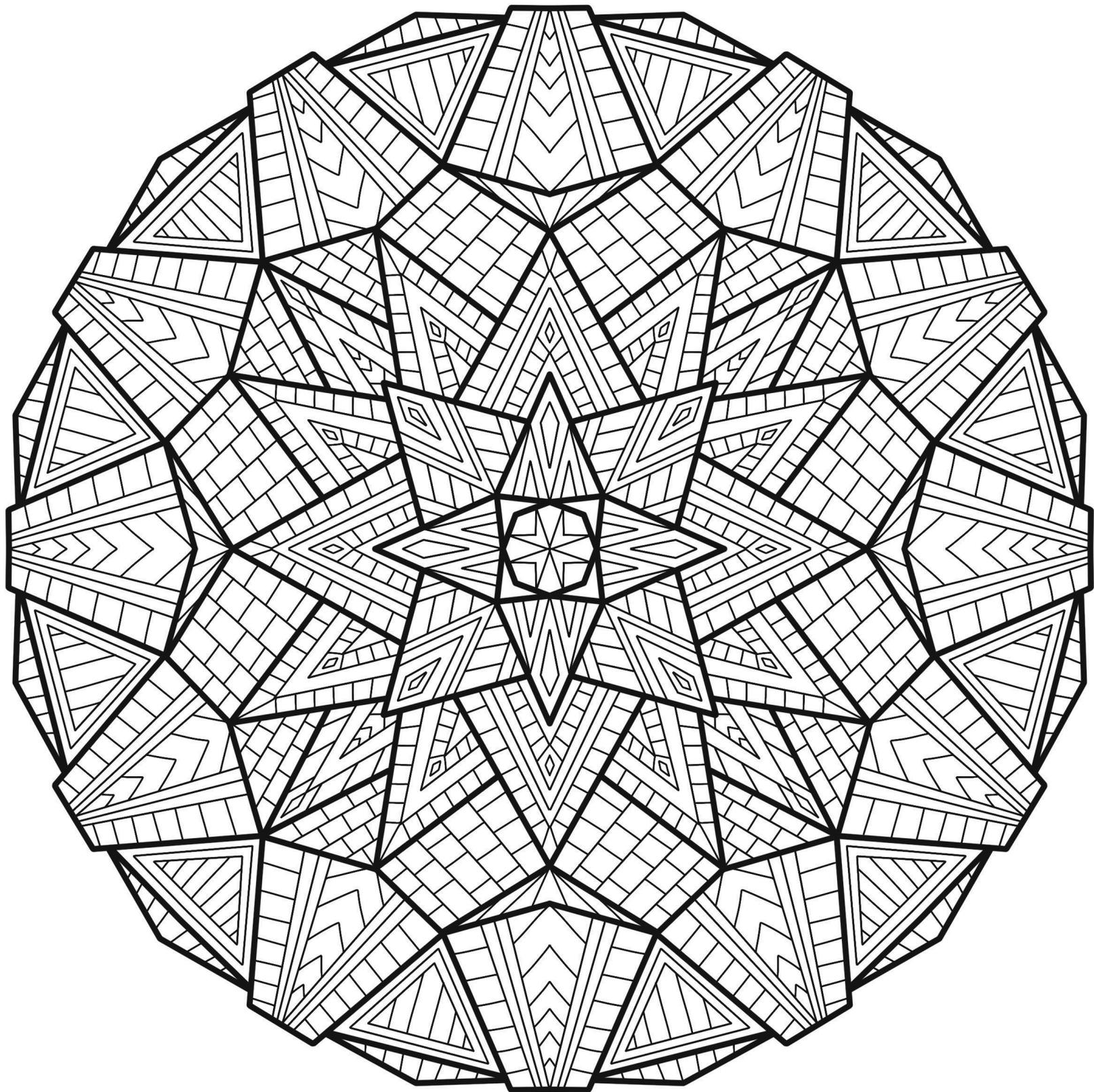
emotional health



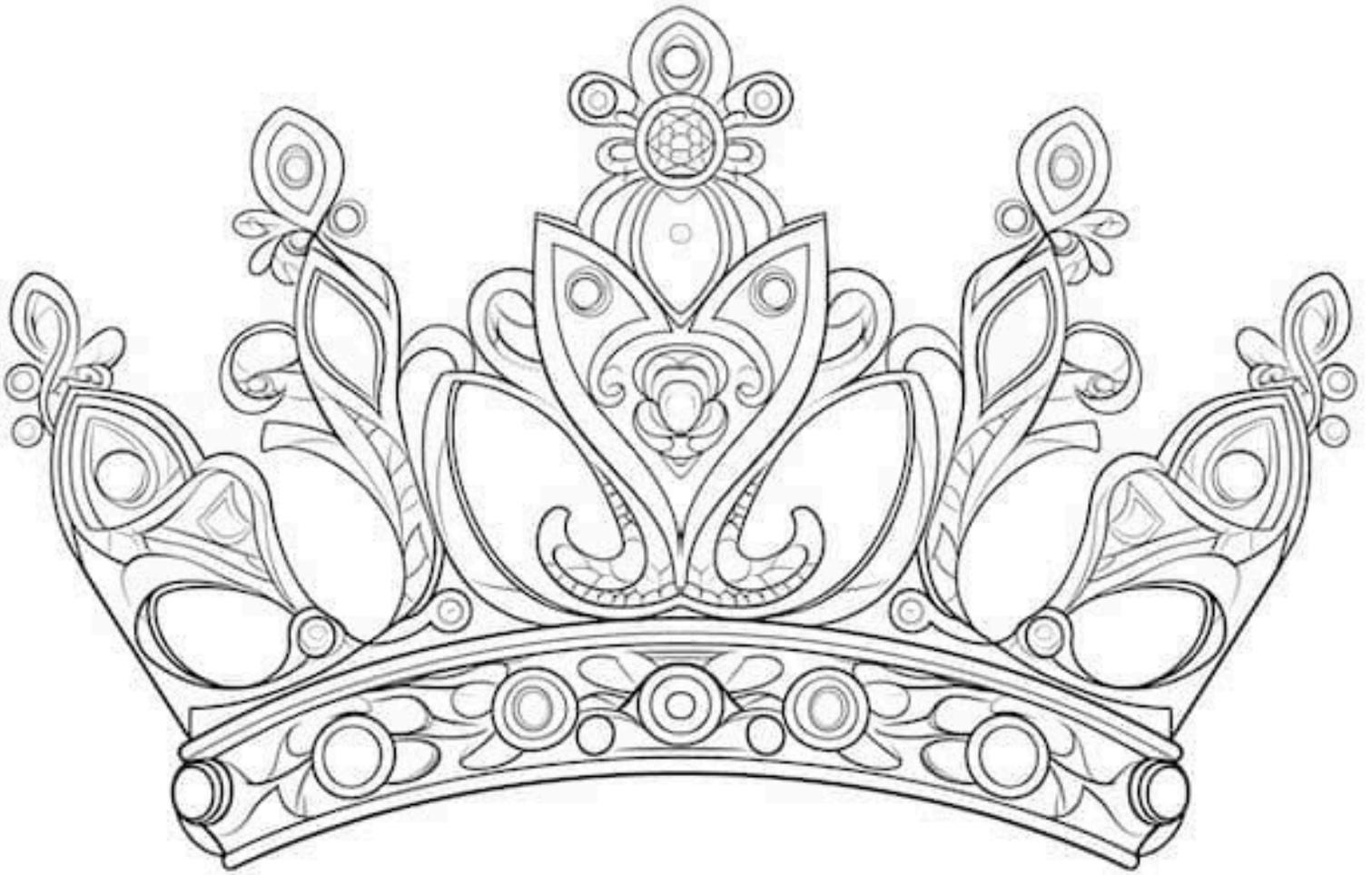
mental health

spiritual health





physical health



I am valuable.

I AM HIS!

