

Lori Burge
Life Coach
Heart Connection Coach

I'm passionate about guiding you
towards wholeheartedness.

Your heart matters.

Let's do this journey together,
I can't wait to support you!



What does it mean to become wholehearted?

Becoming wholehearted involves embracing our true selves with openness, courage, and compassion. It's a journey that requires understanding ourselves and why we think, feel, and behave the way we do.

With the use of a variety of different techniques and tools, my heart is to provide a roadmap for personal growth and transformation. We'll uncover the habits and patterns that hold us back and cultivate the strengths that propel us forward.

I would love to be your guide on your journey towards wholeheartedness by acknowledging our imperfections, celebrating our strengths, and striving for a more authentic and fulfilled life.



About Me

I love outdoor adventures, drinking coffee with a friend and playing with grandkids. I began my healing journey about 25 years ago! It started as a group of friends gathered seeking more of Jesus through prayer. As I continued to pursue the Lord for personal healing and freedom, I was able to learn more prayer strategies for inner healing and began loving to pray for others for breakthrough.

I discovered the Enneagram about six years ago! It is yet another tool that I've enjoyed exploring and sharing. This has truly helped me have more understanding for myself and others. It provides insights into our strengths, weaknesses, fears, and desires. We are complex people but in learning to embrace our authentic self we find freedom and empowerment.

When you begin to understand the message your heart longs to hear and identify your motivations, you can then start to articulate what wholeness looks like for you! This vision will help you step into sustainable life-giving spiritual and practical rhythms and truth.

Your heart matters, together let's identify and address the obstacles standing in your way to achieving true freedom in Christ!



Retreats

Retreat with me into nature's embrace, where rest flows like water and time stretches like the horizon.

Stepping away from the noise and pace of daily life into a natural setting can help reset your nervous system and reawaken your senses.

A sacred space to recharge as you connect with God and others.

Various retreat options available.

Check my website for more information
heartconnectioncoach.com



Training

Wholehearted Certified Life Coach

Fee and Contact

One Hour Session

\$50

Six One-Hour Session Bundle

\$300

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