# Leslie Bissell Licensed Clinical Psychologist Cornerstone Family Counseling

Where Your Healing Begins

# How I can help you?

Relationships are the foundation of how we come to know ourselves and our place in the world. As you and I develop our working relationship with each other, I will support your exploration of what a relationship means to you, help you identify what needs to change, and offer tools to help you live the life you want to live. It is my hope that by holding space for you to ask the tough questions, you will come to better understand yourself and what you need in this season of your life and recovery.

I can support your exploration of the impact of your family of origin on views of the self and your ability to interact with others in healthy ways. I will also honor the impact of your faith and how this influences your view of God, personal mission, and quality of life.

# Therapy Approach

Therapy Approaches
Psychodynamic Psychotherapy
Solution Focused
Faith Informed

## **Specializations**

Depression
Grief
Women's Issues/Reproductive Challenges
Life Transitions
Work/Life Balance
Burnout
Spirituality/Church Hurt

# Services Offered

Individual Therapy In-person Therapy (Manhattan, Kansas) Telehealth Therapy (Kansas only)

### Credentials

Doctor of Psychology

### About Me

Outside of my practice, I enjoy reading a good biography, taking a Sunday nap, or watching a Doctor Who marathon. Crochet projects, flea market finds, and lots of tea fill the home I share with my parents and my three frisky felines, Coco, Caia Jubilee, and Daisy Grace.

I am learning how to embrace this season of my life with curiosity and hope for what is just around the corner.

Fee and Contact Information

Cost for sessions.

Most insurance accepted.

cornerstonefamilycounseling.org